

Age Changes and Altitudinal Differences in Blood Pressure in Bod Grils of North-West Himalayas

Atul Kumar Pandey and S.L. Malik

Department of Anthropology, University of Delhi, Delhi 110 007, India

KEYWORDS High Altitude. Blood Pressure. Adaptation. Environmental Factors. Bods of Ladakh

ABSTRACT Based on 154 high altitude and 163 low altitude Bod girls, it has been observed that blood pressure is lower in highlander Bod girls than their coeval lowland girls in the age range of 11 to 18 yrs. In body weight girls below 14 yrs don't differ significantly, but after 14 yrs, low altitude girls are significantly heavier. Low altitude girls are generally taller, but differences are statistically non-significant.